

BURST YOUR MONEY MINDSET ISSUES

In this section, refer to the general money mindset issues on the left and write your own specific issues you have around that specific topic ([listen again to the episode 17](#))

| | General money mindset issues | My own specific issues |
|---|--|------------------------|
| 1 | You don't believe you deserve it: because you've never earned more than what you have now. | |
| 2 | Limiting beliefs of all kinds of nature / ingrained beliefs through conditioning | |
| 3 | You don't know what you don't know | |
| 4 | You are passionate by what you do and can do it for free | |
| 5 | You are afraid to ask for what you want to get paid | |

Which one of these issues is the scariest one for you? Write it down below

Action plan to burst my scariest issue this week

In this section write all your ideas to tackle your scariest money mindset issue this week.

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|---------------------|
| |
| Other comment/ideas |

Send me this action plan to be held accountable to your plan at francine@nucleusofchange.com
I'll check-in with you to hear about your progress in a week time.

Want to go further?

Request a [free call](#) with me to discuss your money mindset issues
<https://nucleusofchange.as.me/call15>